



Jennifer Hudson, 28

Queen Latifah,

Who's most approachable?

When it comes to parties, determining who's open to mingling can be tricky. Here's help!

A truly inviting duo

"These ladies are very intimate, but they'd still put their arm out and welcome you right in," says body-language expert Linda Talley. The closer women stand to each other, the more their attitudes are in sync. And when they hold their shoulders back and chest out, as Jennifer and Queen Latifah are doing, they are also feeling open and wouldn't be opposed to a third party joining their conversation, adds Jessica LeRoy, clinical director of the Center for the Psychology of Women. Plus, tilting the chin slightly upward and the head to the left, as Queen Latifah is doing, denotes pride—she'd like to show off her friend.

as seen in the
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Jordin Sparks, 20

David Archuleta, 19

A lopsided conversation

"It would be difficult to approach these two—they're on two different pages," says Talley. Pushing the neck forward, crunching the shoulders upward and broadening the stance, as Jordin is doing, imparts an extreme enthusiasm, says LeRoy. On the other hand, standing with weight on the back foot and one foot pointing away, as David is doing, shows someone who is taken aback or wishes to escape—that foot points to where he really wants to be. Dr. Lieberman notes another sign of discord: When a person curls his fingers, as David does, he is holding in a negative emotion.